

What makes an ADRV?

Learning Outcomes

- ★ Recognise that ADRV exists for both intentional and unintentional doping, i.e. strict liability
- ★ Summarises the different ADRVs and the associated range of sanctions
- ★ Share examples of athletes and ASPs receiving ADRVs to make considered decisions in their career

Doping is defined in the World Anti-Doping Code as the occurrence of one or more of the **Anti-Doping Rule Violations (ADRVs)** set out in the Code. In fact, there are **eleven** separate ADRVs, which cover much more than a failed drugs test and protect against a range of acts that could threaten the **integrity of sport**.

These include:

1. **Presence of a Prohibited Substance in an Athlete's Sample**
2. **Use, or Attempted Use, of a Prohibited Substance or Prohibited Method**
3. **Evading, Refusing or Failing to Submit to Sample Collection**
4. **Whereabouts Failures**

ADRVs 1-4 apply to **athletes only**.

1. **Tampering or Attempted Tampering with any part of Doping Control**
2. **Possession of a Prohibited Substance or Prohibited Method**
3. **Trafficking or Attempted Trafficking in any Prohibited Substance or Prohibited Method**
4. **Administration or Attempted Administration of a Prohibited Substance or Prohibited Method to any Athlete**

9. **Complicity or Attempted Complicity**
10. **Prohibited Association**
11. **Acts to Discourage or Retaliate against Reporting to Authorities (Whistleblowing)**

ADRVs 5-11 apply to Athlete Support Personnel (ASPs) as well as athletes.

Committing an ADRV leads to certain outcomes for an athlete or ASP known as '**Consequences**'. Consequences can include **disqualification** and may also lead to **forfeiture of any medals, titles, points and prizes**. The most common consequence an individual may face when they commit an ADRV is a **ban from sport**, which in some circumstances could be for **life**.




- Consider the [Anti-Doping Rules](#) and then complete **Activity 11.1** to **decipher** the ADRVs.
- Cut out** the ADRVs in **Activity 11.2** and **group them** by athlete and athlete/ASP application.
- Review the list of [current UKAD ADRV Sanctions](#) then link the ADRVs and case studies together in **Activity 11.3**.

Quick Links:

-  [World Anti-Doping Code](#)
-  [ADRVs Infographic](#)
-  [Anti-Doping Rules](#)
-  [FA ADRV Guide](#)
-  [Current UKAD ADRV Sanctions](#)



You will need:

-  Handouts
-  Scissors
-  Internet Access

Assessment Options

Scaffold: Produce a poster to remind athletes of the 11 ADRVs.

Task: Design a rules booklet focused on the 11 ADRVs and explaining to athletes what these mean.

Challenge: Design a rules booklet to explain the 11 ADRVs with an additional link between Whistleblowing and protect Your Sport.



Activity 11.1: Deciphering ADRVs

On the right are the 11 **Anti-Doping Rule Violations** (ADRVs), with the letters in capitals from each word **jumbled up**.

1. Can you decipher each of the 11 ADRVS?
2. Extension Activity: Why do you think ADRV 11 was introduced in January 2021?

1. REPNEECS
2. EUS
3. AVISEON, FUSELAR or AIRLFUE
4. BOUTWASHERE
5. TRAPINGME
6. PIESSSSOON
7. FRIKFACTING
8. STIRINGADMINE
9. LIMCITYCOP
10. IBOTHPRIDE CITIASSOAN
11. Acts to SIDECOUGAR LBETWOHISWINGL



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LBETWOHISWINGL

1. Presence of a Prohibited Substance in an Athlete's Sample

2. Use, or Attempted Use, of a Prohibited Substance or Prohibited Method

3. Evading, Refusing or Failing to Submit to Sample Collection

4. Whereabouts Failures

5. Tampering or Attempted Tampering with any part of Doping Control

6. Possession of a Prohibited Substance or Prohibited Method

7. Trafficking or Attempted Trafficking in any Prohibited Substance or Prohibited Method

8. Administration or Attempted Administration of a Prohibited Substance or Prohibited Method to any Athlete

9. Complicity or Attempted Complicity

10. Prohibited Association

11. Acts to Discourage or Retaliate against Reporting to Authorities (Whistleblowing)



On the right are the 11 **Anti-Doping Rule Violations** and two different headings.

1. **Cut out the 11 ADRVs and the two headings.**
2. **Group the ADRVs under the two headings to show which ADRVs are applicable to an athlete only and which are applicable to both athletes and Athlete Support Personnel (ASPs).**
3. **Why are the ADRVs for an athlete not able to be applied to ASPs?**



Athletes Only

Athletes & ASPs

Trafficking or Attempted Trafficking in any Prohibited Substance or Prohibited Method

Complicity or Attempted Complicity

Presence of a Prohibited Substance in an Athlete's Sample

Acts to Discourage or Retaliate against Reporting to Authorities (*Whistleblowing*)

Tampering or Attempted Tampering with any part of Doping Control

Use, or Attempted Use, of a Prohibited Substance or Prohibited Method

Prohibited Association

Possession of a Prohibited Substance or Prohibited Method

Administration or Attempted Administration of a Prohibited Substance or Prohibited Method to any Athlete

Whereabouts Failures

Evading, Refusing or Failing to Submit to Sample Collection



The **Presence** of a **prohibited substance** found in an athlete's sample is just one of the **11 Anti-Doping Rule Violations**.

1. Look at the UKAD website to see the most recent list of ADRV sanctions relating to athletes, ASPs and sporting representatives.
 - [Current UKAD ADRV Sanctions](#)
2. Read a range of cases and find out which ADRVs have been broken.
3. Are there any similarities between any of the cases you have selected?
4. What is different about the cases you have reviewed?



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Scaffold:

Produce a poster to display in sporting venues that reminds athletes of the 11 Anti-Doping Rule Violations (ADRVs) and who the different rules apply to.



Task:

Design a rules booklet that explains the 11 ADRVs and who they are applicable to, athlete and/or ASP, as well as giving examples and explanation of what an ADRV would look like.

Challenge:

Design a rules booklet that gives athletes information and advice about the 11 ADRVs and makes an explicit link between the 11th ADRV for Whistleblowing and Protect Your Sport.