

## What happens with the results of a test?

### Learning Outcomes

- ★ Describe the key stages of the results management process

UKAD is responsible for the **results management** of Anti-Doping Rule Violations (ADRVs) committed by athletes and Athlete Support Personnel (ASP). Results management includes communicating the results of anti-doping tests to National Governing Bodies (NGBs), and presenting cases before the National Anti-Doping Panel, in respect of individuals charged with committing an ADRV. ADRVs can be split into two distinct categories, **analytical ADRVs** and **non-analytical ADRVs**.

An **analytical ADRV** is where the **Presence** of a prohibited substance is detected in an athlete's sample following a test. UKAD can impose **sanctions** and bans on individuals charged with committing an ADRV.

After a sample is provided by an athlete, it will be sent to a **WADA accredited laboratory**, where the **A Sample is analysed** and the **B Sample frozen**. There are three possible outcomes following sample analysis:

- **Negative Result**
- **An Atypical Finding**
- **An Adverse Analytical Finding (AAF)**

UKAD is required to issue a **Notification Letter** where it has been determined that an individual may have committed an ADRV.



Where the Notification Letter is based on an **AAF**, the athlete has the right to request **analysis of the B Sample**. If the B Sample does not confirm the result of the A Sample then the entire test is considered as negative and the athlete will not be charged with an ADRV. No further action will be taken against the athlete.



If the B Sample analysis confirms the **AAF**, then the athlete will be charged with a **Presence ADRV** and UKAD will send them a **Charge Letter**. The individual charged can choose to accept the ADRV and the consequences specified in the Charge Letter, or alternatively, if the athlete wishes to dispute the ADRV and/or the sanctions imposed, they can request a hearing before an **independent tribunal**.

- Read the information on **Charge Letters** in **Resource 10A** and then play the **True/False** game with the statements in **Activity 10.1**.

### Quick Links:

-  [Results Management](#)
-  [Current UKAD ADRV Sanctions](#)

### You will need:

-  Handouts

### Assessment Options

**Scaffold:** Produce a list of information to be included in a Notification Letter for an AAF for testosterone.

**Task:** Draft a Notification Letter to an athlete for an AAF for Clenbuterol in a sample provide after a competition.

**Challenge:** Choose a banned British athlete and draft a Notification Letter to them for a Presence ADRV.

## Notification Letter

UKAD is required to issue a Notification Letter where it has been determined that an individual may have committed an ADRV. The Notification Letter includes the following:

- The alleged ADRV
- A summary of the facts
- The relevant evidence
- The right to request lab documentation
- The details of any Provisional Suspension
- The applicable Consequences if the ADRV is established
- The right to request B Sample analysis
- The opportunity for the individual to provide an explanation within a short deadline
- The opportunity to provide Substantial Assistance

## Charge Letter

UKAD will charge an athlete with the commission of an ADRV by sending them a Charge Letter which will include:

- The alleged ADRV
- A detailed summary of the facts
- The relevant evidence
- The right to request lab documentation
- The details of any Provisional Suspension
- The specific Consequences sought
- The ways in which an athlete may respond to the charge
- A deadline of 20 days from receipt of the Charge Letter to admit the ADRV asserted and to accept the proposed Consequences
- A warning that if a response is not received within the deadline, UKAD will be entitled to deem that the individual has admitted the ADRV and accepted the Consequences set out in the Charge Letter
- The opportunity to provide Substantial Assistance



**FALSE**

**UKAD**  
Protecting Sport

A red rectangular card with rounded corners. The word "FALSE" is written in large, white, bold, sans-serif capital letters in the center. In the bottom right corner, the UKAD logo is displayed, consisting of the word "UKAD" in a bold, sans-serif font with a blue and white graphic element, and the words "Protecting Sport" in a smaller, white, sans-serif font below it.

FOLD

**TRUE**

**UKAD**  
Protecting Sport

A green rectangular card with rounded corners. The word "TRUE" is written in large, white, bold, sans-serif capital letters in the center. In the bottom right corner, the UKAD logo is displayed, consisting of the word "UKAD" in a bold, sans-serif font with a blue and white graphic element, and the words "Protecting Sport" in a smaller, white, sans-serif font below it.

## Activity 10.1: Charge Letters True or False

Imagine an athlete has been sent a Notification Letter for an Adverse Analytical Finding following a test. Review the letter information in Resource 10A, then using the **True/False Cards** in resource 10B read out each statement in turn from 1-5 about results management.

1. **Hold up the True/False card to show whether the athlete would now be sent a Charge Letter.**
2. **Extension Activity: What could happen if an athlete was found to have a Therapeutic Use Exemption (TUE) in place following an AAF?**

### True or False?

1. **An Adverse Analytical Finding (AAF) that is not contested by the athlete**
2. **An AAF in the B Sample**
3. **A Negative Result**
4. **An AAF in the A Sample but not in the B Sample**
5. **An AAF in both the A and B Sample**

**True or False?**

1. An Adverse Analytical Finding (AAF) that is not contested by the athlete - **True**
2. An AAF in the B Sample - **True**
3. A Negative Result - **False**
4. An AAF in the A Sample but not in the B Sample - **False**
5. An AAF in both the A and B Sample - **True**

## What happens with the results of a test?

### Learning Outcomes

- ★ Describe the key stages of the results management process



### Scaffold:

Using Resource 10A as a guide, write a list of the information and detail that would be included in a Notification Letter from UKAD to an athlete who had received an Adverse Analytical Finding for testosterone in their A Sample.



### Task:

Draft a Notification Letter from UKAD to an athlete named Alex Doper, who has had their A Sample tested after a competition and received an Adverse Analytical Finding for Clenbuterol. What information and detail would need to be included in the letter.

### Challenge:

Choose a British athlete who has received a ban from sport for the Presence of a prohibited substance following a test. Draft a Notification Letter from UKAD for this athlete to inform them of this Adverse Analytical Finding.