

What is whereabouts?

Learning Outcomes

- ★ Describe how 'Whereabouts' supports clean sport
- ★ Identify that there is an online system called ADAMS to manage anti-doping administration

Some performance athletes who are included in a National Anti-Doping Organisation (NADO) or International Federation (IF) **Testing Pool** must provide information about their location, which is called '**Whereabouts**'. The use of Testing Pools is one of the most powerful means of deterrence and detection of doping. Knowing where athletes are **enables testing** at anytime, anyplace.

Athletes selected for a Testing Pool must provide **specific information** about their location:

- a **60-minute time slot** for testing for every day of the year
- the address of their **overnight accommodation** for each day
- all **regular activities**, such as training
- their **competition schedule**
- information regarding any **impairment**
- sufficient information for the Doping Control Officer (DCO) **to find the athlete** at each specified location
- a **complete mailing address** every quarter, to enable UKAD to contact the athlete

Athletes are required to submit this information every **three months** and update it regularly. Failure to provide this information would be deemed a '**filing failure**'. Three filing failures or missed tests

in a 12 month period would constitute an **Anti-Doping Rule Violation** (ADRV) for which an athlete could receive a **ban**.








Athletes must provide **Whereabouts** information using WADA's online system, '**ADAMS**', which stands for the **Anti-Doping Administration and Management System**. ADAMS also stores other anti-doping data including laboratory results, Therapeutic Use Exemptions (TUEs) and information on ADRVs. It facilitates the **sharing of information** among relevant organisations and promotes efficiency, transparency and effectiveness in all anti-doping activities.



Read the information about [Whereabouts & ADAMS](#) and then complete a **week's diary entry** for a performance athlete, using the grid in **Activity 9.1**.

Watch the [ADAMS Video](#) and in **Activity 9.2** generate a range of **multiple choice questions** about ADAMS to test the class.

Quick Links:

-  [Whereabouts & ADAMS](#)
-  [Whereabouts Requirements](#)
-  [ADAMS Video](#)
-  [WADA - ADAMS](#)
-  [Current UKAD ADRV Sanctions](#)

You will need:

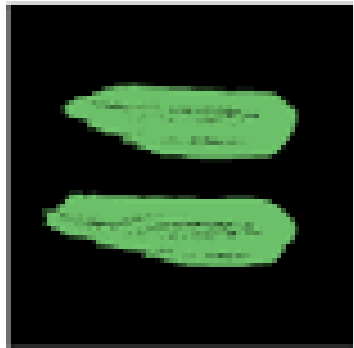
-  Handouts
-  Internet Access

Assessment Options

Scaffold: Verbally explain to a peer how the unannounced testing of athletes supports clean sport.

Task: Review a banned athlete's ADRV for Whereabouts and explain how ADAMS should support athletes.

Challenge: Generate a case study on a banned athlete and how the digital nature of ADAMS supports athletes in recording Whereabouts.



A D A M S

Anti-Doping Administration & Management System



Activity 9.1: Athlete Diary



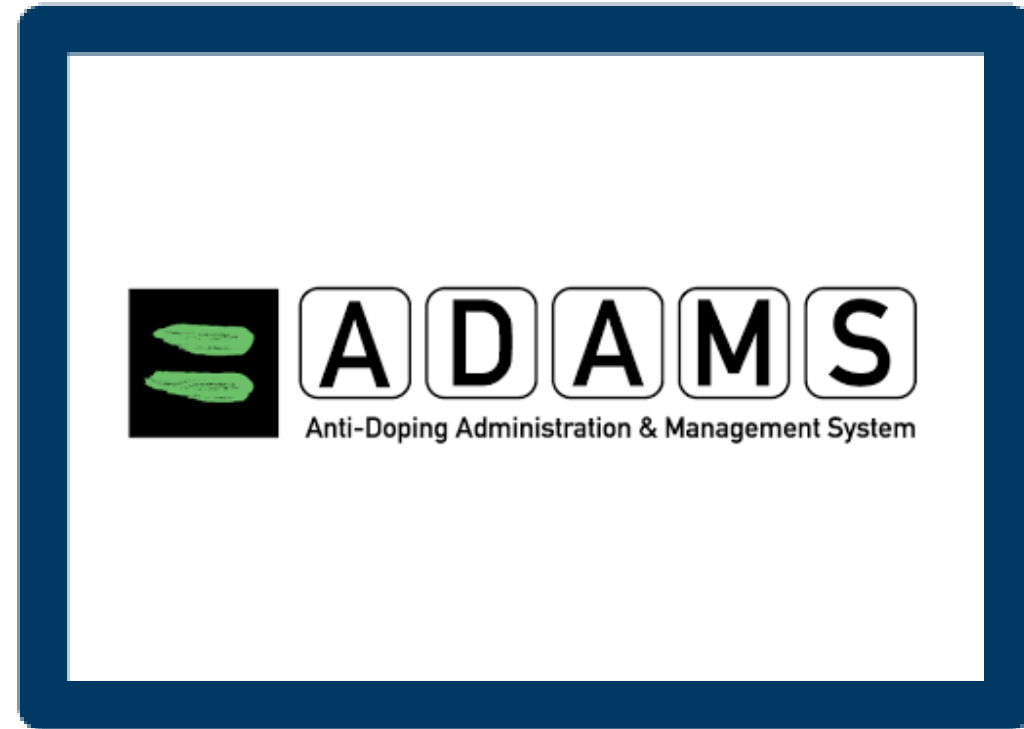
On the right is a sample page from an **athlete's diary**, similar to what they would see on **ADAMS**, to plan their **Whereabouts**. Using your knowledge of a performance athlete, mock up a week's schedule for them.

1. Choose a sport and then add an athlete's training sessions into the diary.
2. Now add in any competitions they are entering over the week.
3. Book onto the schedule any appointments they may have with physios, sports psychologists, nutritionists etc.
4. Add to the diary any meetings or media commitments they may have over the week.
5. Consider any social commitments they may also have with family and friends.
6. Block in any travelling time that is needed for competitions, media commitments, training etc.
7. Now pick an hour timeslot for every day of the week when the athlete would be available for anti-doping testing and record where they will be staying each night.
8. How easy was this to do for one week? What do you think it would be like to complete this for every day, three months in advance?

| | MON | TUE | WED | THURS | FRI | SAT | SUN |
|-------------------------|-----|-----|-----|-------|-----|-----|-----|
| Morning | | | | | | | |
| Afternoon | | | | | | | |
| Evening | | | | | | | |
| Overnight Accommodation | | | | | | | |

ADAMS is an electronic system for managing Whereabouts. Watch WADA's [ADAMS Video](#) which uses an animation of the Berlinger urine sample collection bottle.

1. What do athletes use ADAMS for?
2. Watch the [ADAMS Video](#) a second time and this time compile four multiple choice questions about ADAMS and Whereabouts which you could ask your peers.
3. Use your multiple choice questions to share information with your peers by asking each other to answer your questions.
4. How does an online system such as ADAMS support athletes and help them avoid getting an ADRV for a 'filing failure'?



What are the values of Clean Sport?

Learning Outcomes

- ★ Describe how 'Whereabouts' supports clean sport
- ★ Identify that there is an online system called ADAMS to manage anti-doping administration

Scaffold:

Verbally explain to a peer why the unannounced testing of athletes is important to protect clean sport and why performance athletes need to provide so much detail about their day to day lives on ADAMS.



Task:

Review an athlete, who has received a ban for missing three consecutive tests. Explain how an athlete's use of ADAMS should reduce the danger of missing these tests and increase the levels of clean sport through out-of-competition testing.

Challenge:

Produce a case study for an athlete, who missed three consecutive tests, and explore how the Whereabouts and ADAMS process supports clean sport but is reliant on the accurate and timely input of data from an athlete. Does the digital accessibility of ADAMS make the system more accessible and therefore more robust?