

How do you report doping?

Learning Outcomes

- ★ What is 100% me - Define what 100% me is
- ★ Clean Sport - Demonstrate a commitment to clean sport
- ★ Clean Sport Values - Select the most effective solution to achieve clean sport behaviours and values

Protecting clean sport depends on everyone - UKAD know they can't do it alone. **Clean competition rests on everyone** - athletes, parents and Athlete Support Personnel (ASP) having the know-how to speak out when something's wrong - no matter how small it may seem. That's why UKAD have a number of **confidential reporting options** so everyone can pick the one that suits them.

Act in confidence, with confidence by:

Emailing
protectyoursport@reportdoping.com

Alternatively, to speak out and stay anonymous:

Visit www.protectyoursport.co.uk to share via the online form

or

Call the 24/7 hotline on 08000 32 23 32




The form and the hotline guarantee **100% anonymity**, always. But, telling UKAD who you are makes a real difference, so consider sharing the information with us via email.

PROTECT YOUR SPORT




Visit the [Protect Your Sport](#) part of the UKAD website and then complete **Activity 7.1** to determine the **anti-doping reporting methods** that are available to athletes, ASPs, parents/guardians and the public.

Watch the [Protect Your Sport Video](#) and read the WADA information on their '[Speak Up](#)' Campaign, then complete the **moral continuum** exercise with your peers in **Activity 7.2**.

Quick Links:

-  [Protect Your Sport Video](#)
-  [WADA Speak UP](#)
-  [Protect Your Sport](#)

You will need:

-  Handouts
-  Masking Tape
-  Internet Access

Assessment Options

Scaffold: Compile a list of potentially suspicious doping scenarios that may be seen by athletes at training or competitions.

Task: Write and annotate a fictitious doping scenario to show where and how to report doping.

Challenge: Write and annotate a fictitious scenario to include reporting and whistleblowing information.



It takes a team

Protect Your Sport



Protecting clean sport depends on everyone in sport playing their part to maintain a level playing field. **We know we can't do it alone. It takes a team.**

Clean competition rests on athletes, parents and support staff having the know-how to speak out when something's wrong within sport - no matter how small the information may seem.

Protect Your Sport from those who seek to cheat.

Could you be the **missing link?**

Come forward in confidence

Email



We know coming forward isn't easy, so when you feel something is wrong that impacts clean sport, act in confidence. Send us a direct email to pys@reportdoping.com.

We guarantee that your details will be kept confidential.

Email Us

Tell us what you know anonymously

Online Form



Tell us what you know via our online form on protectyoursport.co.uk. You will remain anonymous as standard, but if you choose to share your details confidentially it could help us catch those in sport who seek to cheat.

Fill in the form

Speak out, remain anonymous

24/7 Hotline



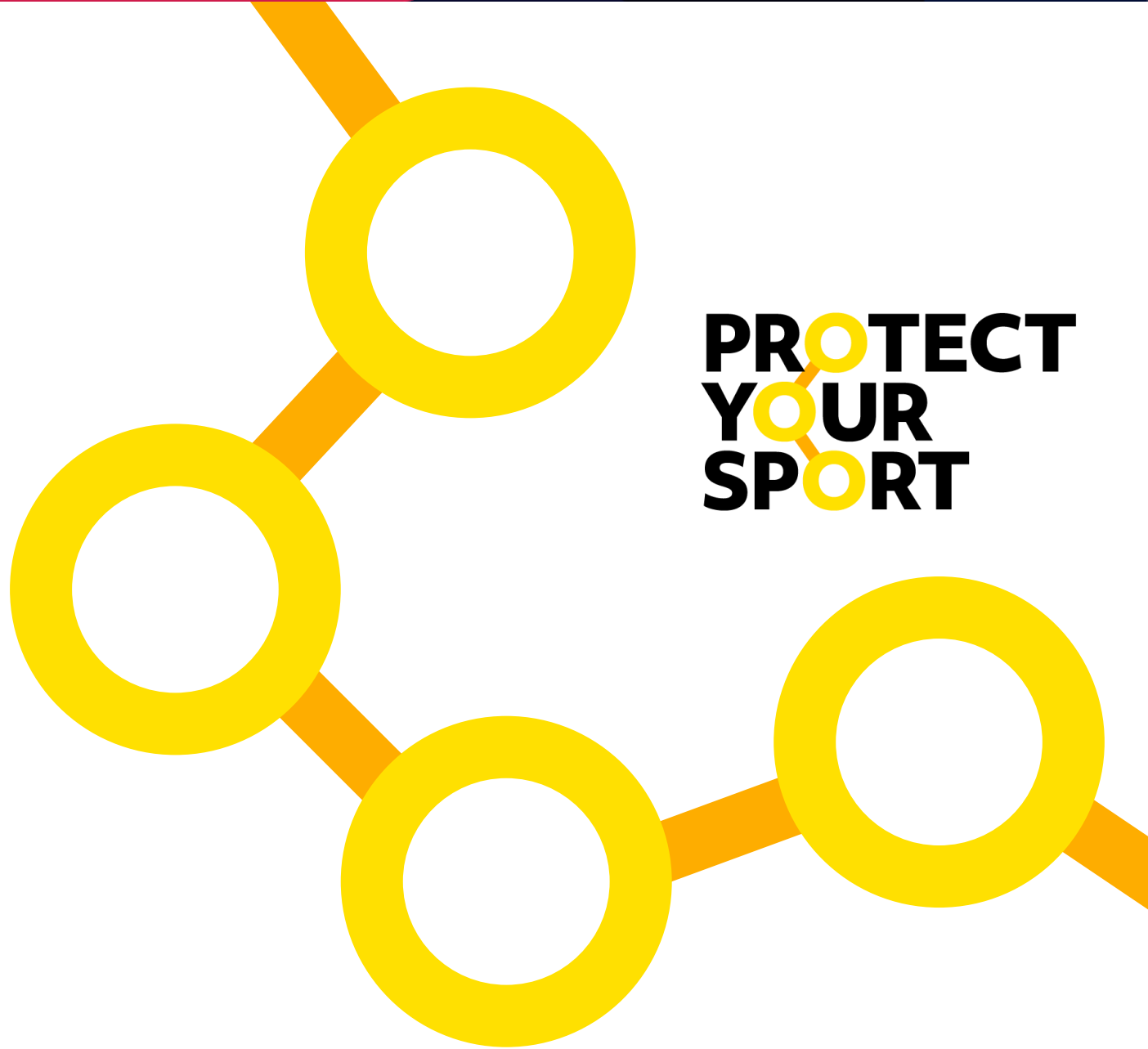
Call on 08000 32 23 32. We are here to listen.

If you prefer to remain 100% anonymous you can. Or if you share your details, they will be kept confidential, and may help keep sport clean.



UKAD collects reports from many **different sources** in order to build a picture of concerns around doping in sport. By reporting concerns around doping, the **'missing links' in a chain** could be completed. How should an individual report doping in sport?

1. Complete a search of 'protect your sport' on the internet and identify the four different ways doping in sport can be reported.
2. Record the method and contact details in each of the yellow circles on the right, to 'complete the chain'.
3. What behaviours would you report if you had a suspicion about doping in sport?



**PROTECT
YOUR
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✓ Activity 7.2: Moral Continuum

On the floor stick a **line of masking tape** from one side of the room to the other. At one end mark the the number '0' and at the other end the number '10'. This is a '**moral continuum**'. Below are a series of moral dilemmas. Students should imagine they are an athlete and then choose at which point on the line to stand.

1. Students should stand at a point that represents whether they would report the scenario as potential doping or not.

'0' = I would not report this behaviour.

'10' = I would report this behaviour.

2. What makes people more likely to report doping?

Moral Dilemmas

A You catch your best friend selling steroids to the team.

B You hear from a teammate that your coach has been helping other athletes inject a banned substance.

C You are at a competition and you notice the opponent's physio putting something into the water bottles.

D You catch your teacher selling testosterone to a classmate. They know you have seen then ask you to keep it a secret.

E The team nutritionist provides the team with energy pills but tells you all to keep it a secret.

F Your coach is forcing you and your teammates to take anabolic agents. You decide to report the coach; but the coach threatens to deny everything and go public that you are not clean athletes.



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Scaffold:

Compile a list of doping scenarios that an athlete or Athlete Support Personnel (ASP) may find suspicious, if they witnessed this behaviour during training or at competitions.

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Task:

Write a fictitious doping scenario where an athlete and a team member are implicated in doping over a long period of time and are then found out by another team member. Annotate the scenario to show where and how suspicions of doping could be reported and what anti-doping rules they have broken.

Challenge:

Write a fictitious doping scenario, within a team which is then uncovered by another team member. Annotate the scenario to show where and how suspicions of doping could be reported and what anti-doping rules have been broken. Include a threat by those doping to the individual who wants to report them and how the protection of 'whistleblowers' helps to uphold clean sport.